

Nevada County Mental Health Board and Substance Use Advisory Board Minutes

Date:	September 6, 2019
Time:	9:30 a.m. – 12:00 p.m.
Place	Behavioral Health Department – 500 Crown Point Circle, Grass Valley

STANDING ORDERS

1. Mental Health Services Act Mental Health and Substance Use Advisory Board Focus Group – Suzanna Elkin with Ellis Planning Associates.

2. Call to Order and Introductions – Self-introductions were made and a sign in sheet was passed around.

3. Public Comment.

Members of the public may address the board on items not appearing on the agenda. Please understand that no action shall be taken on items not appearing on the agenda. There were no public comments.

4. Announcements

Shera Banbury and Anne Rarick attended the California Association of Local Behavioral Health Boards and Commissions Superior Region Meeting/Training in Chico. The training focused on cultural competency and duties of Behavioral Health Boards and Commissions.

Amanda Wilcox announced that Rusty Selix, author of Proposition 63 Mental Health Services Act and advocate for mental health passed away last week.

5. Mental Health and Substance Use Advisory Board Minutes August 2, 2019.

Correction on pages 2 and 3, Shera Banbury's last name is spelled wrong. Amanda Wilcox made a motion to approve the minutes with the correction. Shera Banbury seconded the motion. All members present were in favor. No one was opposed.

6. Peer Support – Phebe Bell.

SPIRIT Peer Empowerment Center has re-opened last week with a community meeting. SPIRIT is interested in serving anyone on a journey of recovery from mental health, substance use or homelessness. There is an expectation for individuals to engage in services and complete an intake application. SPIRIT has requested additional funding from Nevada County and Behavioral Health. Shera Banbury mentioned that Peer Support Specialist average pay in California is approximately \$3.50 more per hour than what is paid locally.

7. Truckee – Lori Malone and Anne Rarick.

Lori Malone has started a NAMI Support Group in Truckee on the second Wednesday of every month from 6:00 to 8:00 p.m. at the Tahoe Forest Hospital in the Pine Street Conference Room off the main lobby. Phebe Bell will help connect Lori with Jazmin Breaux and Kathlee Martin to promote the support group.

8. Forensic Task Force – Iden Rogers and Amanda Wilcox.

There are efforts to improve the environment at Odyssey House. A NAMI member is leading the effort in getting donations.

A group including PERT Team members went down to San Diego for a training on mobile crisis intervention training. Hospitality House received a POST Grant to develop curriculum around homeless outreach and engagement. Part of the grant funds include funds for travel to look at other programs. The San Diego program is a mental health crisis team for psychiatric emergency response where a trained therapist partners with law enforcement and responds to any calls with mental health issues. The motivation for San Diego was a lawsuit based on excessive use of force incidences. The partnership with a therapist helps to de-escalate the situation. Some PERT Teams are assigned to homeless outreach teams that include law enforcement, PERT member and social services to proactively go out to areas where there are problems, try to engage individuals and direct them toward treatment services instead of an arrest.

Booking information from the past month: 346 were booking into jail, 344 were screened. The average stay for those who screened as high risk was 18 days. The average stay for those not high risk is 6 days. The daily average population is 183 inmates. One person who was screened had been arrested 164 times. The initial jail screening is done by the booking officer. Those who screen as high risk are referred to Julie Lang for an assessment. The screening is the Brief Jail Mental Health Screening, an evidence-based practice.

9. 2019 Data Notebook for Boards and Commissions – Annette LeFrancois.

The Data Notebook is due October 15th. Annette will schedule a subcommittee meeting.

10. Behavioral Health Director’s Report – Phebe Bell.

The Stepping Up Meeting on August 29th was well attended. There was broad community representation. The meeting focused on Sequential Intercept Mapping. There will be another meeting in a few months. There will be a prioritization of needs based on data, community will, and supportive resources. We would love to find a way to take data from the Jail, Probation and Behavioral Health and find a common identifier; then remove any identifying information (HIPAA) to learn about individuals with criminal justice involvement and where to best allocate resources to prevent incarceration.

There are still challenges with the Drug Medi-Cal Organized Delivery System. We are still working to build our system to meet the pent-up demand for treatment services. Over the last two to three months there have been 30 individuals per month in residential treatment. The Lovett/Bost House is full most of the time. We have also placed people with Medi-Cal at Hope House and Serenity House. We have also added a small contract with Pathways to meet capacity needs. Behavioral Health is working to increase recovery residences using grant funds when we can to help with startup costs. Both Granite Wellness Centers and Common Goals have added a recovery residence. Shera Banbury mentioned she is getting feedback on theft and drugs at recovery residences and would like to see someone onsite who is well trained and can keep people clean and sober. Phebe Bell mentioned that as we expand our system there may be growth of using peer support specialists in recovery residences.

Lisa Quinn mentioned that Granite Wellness Centers has a harm reduction group twice a week for individuals who are waiting to get into residential treatment that is having a positive impact on those individuals staying in recovery. Granite Wellness Centers also has a family and children’s group.

Behavioral Health is struggling to meet adolescent substance use treatment needs. There are no drug Medi-Cal certified adolescent residential treatment programs and we have youth who need residential treatment. Behavioral Health placed a youth who needed residential treatment; those costs are not reimbursed for a non Medi-Cal certified program. This is not a model we can sustain. There are some options: Granite Wellness Center can apply for State exemptions to serve youth age 16 and older and ways to do placements through Child Welfare and Probation.

Nevada County has been working with Placer County for additional services in the Tahoe/Truckee area. There was a Request for Proposal (RFP) and Behavioral Health has been in negotiations with a local provider, but it is very expensive. It will come down to a decision on whether this is the best option.

Iden Rogers asked what are the County duration of residency requirement for housing? Phebe Bell mentioned it varies by program i.e. Hospitality House has specific requirements. For County programs and services if someone states they live here or are intending to live here, and they switched their Medi-Cal to Nevada County; we are required to provide services even if they have only been here one week (the amount of time they have been here does not matter).

11. Mental Health Services Act (MHSA) Report – Priya Kannall.

The MHSA Needs Assessment Survey closed last week. There were approximately 400 responses. There have been focus groups. One with the Nevada County Health Collaborative which included representatives from the Federally Qualified Health Centers (FQHC) last week. There was a focus group held in Spanish at one of the Family Resource Centers that included the Promotoras. Data from the MHSA survey and the focus groups will be analyzed along with population data and penetration rates to come up with a needs assessment for our next three-year MHSA plan which begins in 2020. In October we will have MHSA Community Meetings. The goal is to have a daytime meeting, an evening meeting and one meeting in Truckee. The meeting will include an overview of initial survey and focus group results and a preview of the Request for Proposal (RFP) process. The goal is to release the RFPs by the end of this year. The MHSA Plan should be finalized, approved and submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC) by the end of June. The goal is to open our three-year MHSA Plan for 30-day public comment period in March, followed by a public hearing at the Mental Health and Substance Use Advisory Board Meeting then on to the Nevada County Board of Supervisors for approval.

There has been a lot of feedback from the Counties on the challenges in getting Innovation Plans calendared and approved by the MHSOAC. This is why some Counties have large Innovation fund balances. As a result, the MHSOAC has come out with some revised guidelines for the Innovation approval process. Projects under one million dollars and /or expansion of existing programs can be approved by the Executive Director and do not need to go before the entire commission.

Iden Rogers asked about Prevention and Early Intervention (PEI) and if any Counties are having any real successes. There is no easy way to get this information. SB1004 is a new bill that establishes new PEI program priorities and there have been statewide focus groups to decide what over priorities they want to establish. Priya and others have given feedback on how we can learn from what other Counties are doing.

12. Communication – Future Mental Health Board Agenda Items.

There will not be a July 5th Mental Health and Substance Use Advisory Board Meeting.

Email future agenda items to Nancy Ramsey at nancy@dvsac.org or Annette LeFrancois at annette.lefrancois@co.nevada.ca.us.

Nancy Ramsey has created a list of future presentations and speakers that Mental Health and Substance Use Advisory Board members have suggested.

- a) Common Goals
- b) Client Satisfaction Surveys, Yvonne Foley
- c) Turning Point
- d) HOME Team
- e) Granite Wellness Center
- f) Sheriff Shannon Moon
- g) 211/Connecting Point
- h) Project Heart

ATTENDANCE:

Members Present: Amanda Wilcox, Nancy Ramsey, Iden Rogers, Shera Banbury, Anne Rarick, Supervisor Hall, Lori Malone, Ann Kelley, Janice Deardorff.

Excused Absent: Laura Preston.

BH Staff: Phebe Bell, Annette LeFrancois, Priya Kannall.

Visitors: Lisa Quinn, Perla Dittmann.

Minutes by Annette LeFrancois