

## Nevada County Mental Health Board and Substance Use Advisory Board Minutes

<b>Date:</b>	<b>October 4, 2019</b>
<b>Time:</b>	<b>9:30 a.m. – 12:00 p.m.</b>
<b>Place</b>	<b>Behavioral Health Department – 500 Crown Point Circle, Grass Valley</b>

### STANDING ORDERS

- 1. Call to Order and Introductions** – Self-introductions were made and a sign in sheet was passed around.
- 2. Public Comment.**  
Members of the public may address the board on items not appearing on the agenda. Please understand that no action shall be taken on items not appearing on the agenda. There were no public comments.
- 3. Homeless Outreach Medical Engagement (HOME) Team – Brendan Phillips, Rob Barker, Casey Davey, Joe Naake, Damon Turner, and Tyson Powers.**  
The HOME Team began on June 26, 2019 to outreach to chronically homeless individuals. The team spends time building relationships with individuals in need of services. One of the innovative parts of the team is having a registered nurse to engage individuals with medical needs. The team consists of two housing navigators, one registered nurse, one peer advocate, one CAADAC Certified Counselor and some outreach case managers. The Behavioral Health walk in clinic for substance use disorders has helped to get individuals into treatment quickly. In July and August there were 16 substance use assessments; of those 14 went into treatment. There are recovery residences, shelter beds and other housing options available after treatment. The HOME Team collaborates with other community resources including: FREED, Behavioral Health, Communities Beyond Violence and other agencies.

The team utilizes the Homeless Management Information System (HMIS) to collect data. There is also a tracking sheet for staff who are out in the field to collect information about who they encountered, where they are located and the services that were provided. There is also a data base called SPARS. There are reports given once a month at the Continuum of Care Meetings.

There is one member of the Home Team, Justin Yavorski based in Truckee. We are also working to bring back a mini Continuum of Care (COC) in the Tahoe/Truckee region. Behavioral Health is working to expand supportive services and permanent supportive housing options to the Truckee region.

A decision was made to add Continuum of Care (COC) to future Mental Health and Substance Use Advisory Board Agendas.

The team is funded by Mental Health Services Act Innovation Funds and a SAMHSA Grant. The HOME Team is available Monday through Friday from 8 a.m. to 5 p.m. at (530) 470-2686 or [HOME@co.nevada.ca.us](mailto:HOME@co.nevada.ca.us) .

**4. Announcements**

Annette LeFrancois announced the Nevada & Sierra County Stand Down October 18<sup>th</sup> from 8:30 a.m. to 4:30 p.m. and October 19<sup>th</sup> from 8:30 a.m. to 2:30 p.m. at the Nevada County Fairgrounds in the Northern Mines Building.

Free Drive Through Flu Shot Clinic on October 21<sup>st</sup> from 12 noon to 4:00 p.m. in the parking lot of Twin Cities Church at 11726 Rough and Ready Highway.

California Care Force Free Medical, Dental and Vision Services on January 11<sup>th</sup> and 12<sup>th</sup> at the Nevada County Fairgrounds.

Pauli Halstead announced she has been invited to co-host with Eric Tome a radio show on mental health care in Nevada County on KVMR Friday, October 18<sup>th</sup> at 2 p.m. Pauli mentioned she would like to start with the HOME Team, it would be good for the community to know about this program.

**5. Mental Health and Substance Use Advisory Board Minutes September 6, 2019.**

Shera Banbury made a motion to approve the minutes. The motion was seconded by Ann Kelley. All members present were in favor. No one was opposed.

**6. Peer Support – Michelle Rose and Pauline Abrons.**

SPIRIT Peer Empowerment Center was closed for three weeks in August. There is a renewed enthusiasm for wellness and recovery. There is a more formal intake process. The first few weeks were very busy with paperwork for the intake process. Participants are required to attend two peer support classes per month and one weekly support group of their choice. Every morning the center starts with an all participant and team meeting. There is a Wellness Recovery Action Plan (WRAP) re-certification training in November. There will be WRAP classes in January and February. Barbara Lindsay Burns has been with SPIRIT for 15 years has recently retired. Michelle Rose is stepping away as Director and will be focusing on administration along with the Emergency Department Program. Pauline Abrons is the new Director.

**7. Truckee – Lori Malone.**

There is a free Naloxone nasal kit and training on Saturday October 5<sup>th</sup> in Tahoe City. Lori attended the MHSA Needs Assessment Meeting in Truckee. It was well attended by the community.

**8. Forensic Task Force – Iden Rogers and Amanda Wilcox.**

It is the twenty-year anniversary for the Forensic Task Force. The Stepping Up Sequential Intercept Mapping was well attended, there were facilitated focus groups. There are mental health screenings at the jail and assessment when the screening indicates a need. Sierra Family Medical Clinic takes behavioral health vital signs with patients. There is an effort to bring in outside agencies like Communities Beyond Violence to the jail. There is interest in starting a recidivism group, to help teach individuals how to stay out of jail.

An individual applies for mental health diversion through their defense attorney, often the public defender. The diagnosis must be strongly connected to the crime.

Diversion requires that mental health treatments are available. There is a treatment plan. There are 12 participants in mental health court.

In August there was a record 245 crisis evaluations.

Juvenile Hall has been contracting with other counties for beds in Nevada County.

**9. 2019 Data Notebook for Boards and Commissions – Annette LeFrancois.**

The Data Notebook subcommittee will meet October 16<sup>th</sup> at 4:00 p.m. at the Behavioral Health Department.

**10. Behavioral Health Director's Report – Priya Kannal.**

Last week Phebe Bell was in southern California with Sheriff Moon and Probation staff for a three-day conference focusing on data and logic models on behavioral health and criminal justice interface. At a recent NAMI Meeting Phebe heard from family members how important it is to focus on this intersection between mental health and criminal justice.

There is a focus on the next Medi-Cal Waiver which determines what services we can provide under Medi-Cal and how we will be reimbursed. It is a contract between California and the Federal Government that is passed down to the Counties. There is a lot of discuss at the State level about changing the financial reimbursement model for Behavioral Health and it may lessen the documentation requirements. It could be riskier in terms of fiscal reimbursement.

Four Behavioral Health clinicians recently attended an intensive training around working with very young children (age 0-3). The clinicians will continue training and begin implementing in the next six months with a high priority for working with children who have been removed from their home.

Behavioral Health received a prop 47 grant. There will be a Personal Services Coordinator imbedded in the Public Defenders office. The position will be hired through Turning Point. This will build stronger connections between Behavioral Health and the Public Defender's Office. The grant will also expand permanent housing options. It will allow us to increase master leasing for clients with a criminal justice involvement and clients participating in mental health diversion programs.

Behavioral Health has been providing substance use disorder assessments in the jail. Since March there have been 62 assessments done in the jail. It allows inmates to know what level of care is for treatment and the treatment options they are eligible for before they leave jail.

Behavioral Health has also implemented walk-in clinic for substance use disorders. Since March Behavioral Health has done 259 assessments.

In July there were 187 crisis evaluations and 55 individuals 5150'd and in August there were 245 and 64 individuals 5150'd. In July there were 64 CSU admissions and in August there were 73 admissions. Of the crisis assessments 4% were clients of children's Behavioral Health, 22% were adult Behavioral Health clients and 67% were unknown to Behavioral Health. Shera Banbury mentioned hearing from clients that were not treated well at Heritage Oaks. There was a comment about the need for a warrant team.

There was a comment that the Respite Center has had guests who are more violent, and it is difficult for the peer supporters to manage them. Is the Access Team able to determine who is a good fit for Insight Respite?

**11. Mental Health Services Act (MHSA) Report – Priya Kannall.**

Priya Kannall has meet with Ellis Planning on the Community Needs Assessment. The initial results are in on the survey and some of the community focus groups. Priya is also working to schedule the next MHSA Community Meetings. On October 25<sup>th</sup> there will be a joint Placer/Nevada County MHSA Community Meeting for the Tahoe Region at Kings Beach. In western Nevada County there will be a daytime and an evening MHSA Community Meeting, the date is to be determined. The Community Meetings will focus on our next three-year plan and the RFPs. The RFPs will allow providers who may not have participated before a chance to become a service provider. The RFPs will most likely be for the Prevention and Early Intervention (PEI) Programs.

There was a comment that the Respite Center has had guests who are more violent, and it is difficult for the peer supporters to manage them. Is the Access Team able to determine who is a good fit for Insight Respite?

Funding for the Day Center fell through. The Community Development Block Grant (CDBG) did not get awarded to us. There was a lot of competition. County staff continue to explore other options.

**12. Communication – Future Mental Health Board Agenda Items.**

Email future agenda items to Nancy Ramsey at [nancy@dvsac.org](mailto:nancy@dvsac.org) or Annette LeFrancois at [annette.lefrancois@co.nevada.ca.us](mailto:annette.lefrancois@co.nevada.ca.us).

Nancy Ramsey has created a list of future presentations and speakers that Mental Health and Substance Use Advisory Board members have suggested.

- a) Common Goals
- b) Client Satisfaction Surveys, Yvonne Foley
- c) Turning Point
- d) Toby Guevin, Suicide Prevention Coordinator
- e) Granite Wellness Center
- f) Sheriff Shannon Moon
- g) 211/Connecting Point
- h) Project Heart

**ATTENDANCE:**

**Members Present:** Nancy Ramsey, Iden Rogers, Shera Banbury,  
Supervisor Hall, Lori Malone, Ann Kelley,  
Janice Deardorff.

**Excused Absent:** Laura Preston, Anne Rarick, Amanda Wilcox.

**BH Staff:** Annette LeFrancois, Priya Kannall.

**Visitors:** Pauli Halstead, Pauline Abrons, Rob Barker, Casey Davey, Damon Turner,  
Joe Naake, Michael Webster, Tyson Powers.

Minutes by Annette LeFrancois