

# **Mental Health Services Act (MHSA) Report**

## **9/04/2015**

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### **MHSA (Mental Health Services Act) Annual Progress Report (APR) an Exhibit 6 for FY 13/14 and FY 14/15 and 3-Year Plan Update for 15/16 & 16/17:**

- MHSA Evaluator, Jennifer Terhorst, is collecting data for the APR and Exhibit 6 for FY 13/14 and for the FY 14/15 that just ended.
- The MHSA Coordinator is working on updating the Three-Year MHSA Plan.
  - PEI updates:
    - FREED Friendly Visitor program: Want to make sure that when we talk about individuals with a disability it can include an individual under the age of 60.
    - Senior Outreach Program: Update on who can do the assessments and case management-could be nurse, social worker or other trained professional.

### **Community Services and Supports (CSS):**

- Respite Center is open and supporting guest on a daily basis.
- Crisis Stabilization Unit (CSU):
  - The Crisis Stabilization Unit building is being built.
  - Furniture has been purchased.
  - Behavioral Health (BH) Management staff is working with the contractor who will be staffing the facility to finalize the contract. The contract is expected to go to the Board of Supervisors next week.
  - The BH staff and contractor are working on policies and procedures.
  - The BH staff is working on a tele-psychiatry contract.
  - The expected start date for the CSU is November 1, 2015, but this may need to be changed depending on if the CSU building is complete on time and the instillation goes smoothly.

### **Housing:**

- The home inspection and appraisal for the new MHSA home has been completed and is being reviewed.

### **Prevention and Early Intervention (PEI):**

- Moving Beyond Depression (MDB). This program is to provide treatment to pregnant or postpartum women who are depressed. This program utilizes a Home Based Visitor Program and therapist who provide Cognitive Behavioral Therapy in the home. Nevada County is support this program at \$40,000 a year starting in FY 2015/16. The program is be implemented in collaboration with the Public Health Department. The Public Health Department has hired two individuals, Leslie Bauman, LMFT, and Sabrina Speroni, LMFT to provided therapy to program participants. Sabrina is Spanish speaking. Both individuals will provide services to Truckee residence. Michael Axelman, PHD from Behavioral Health will provide clinical supervision for the program. All three of these individuals went to Cincinnati for a two-day training, July 19 and 20<sup>th</sup>. The Moving Beyond Cincinnati Program staff came to Nevada County on August 10<sup>th</sup> to provide an all-day training to all of the Home Visitation staff-25 individuals. The program started taking referrals on September 1, 2015.

Programs under contract/being implemented: Suicide Prevention, Senior Outreach, 211 Nevada County, Homeless Outreach, First Responder Training, Latino Outreach, Forensic Outreach, Second Step, Early Intervention for Youth, Pregnant Women, Post-Partum Woman and Families at Risk, What's Up? Wellness Checks, Truckee Wellness Center, and mentoring program- Big Pal.

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### **Innovations:**

- All Innovations projects ended last fiscal year. MHSA Coordinator is working with MHSOAC (Mental Health Services Oversight and Accountability Commission) and contractors to write up the final reports.

### **Workforce Education and Training (WET)-**

- A Mental Health First Aid: This is an 8 hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The dates for the next two classes are 10/6 and 11/5.
- The Superior Region WET Peer Core Competency Training has been implemented and five individuals from Nevada County are participating in the program.
- WRAP Facilitator Training: November 16<sup>th</sup>-20<sup>th</sup> here in Nevada County. We will be able to train up to 18 individuals. We will want to have individuals from Respite Center, SPIRIT, Behavioral Health and other service providers attend.
- Advanced Peer Practices: Last year Nevada County Peer Supporters participated in a 10 day Peer Employment Training, Advanced Peer Practices is a three day training that is a follow-up training. The training is being provided by Recovery Opportunity Center who was awarded a MHSA grant to provide the training. The trainings will happen December 9-11<sup>th</sup>. Advanced Peer Practices is open to all Peers, they are not required to have completed the Peer Employment Training, but can be peers already working as a Peer Supporters or have completed a peer training from SPIRIT or New Directions etc. The training is limited to 25 individuals.
- Office of Statewide Health Planning and Development (OSHPD): This is the State entity that oversees the WET Component of MHSA. They have sent out two surveys recently:
  - What are the top seven hard-to-fill/hard-to-retain positions: Psychiatrists, Nurses, Nurse Practitioners, Bi-Lingual Clinicians, Mental Health Therapists, and Bi-Lingual Support Staff/Behavioral Health Workers.
  - OSHPD wants to conduct a comprehensive statewide assessment of Consumer, Family Member, and Parent/Caregiver (CFP/C) in the workforce. As part of this assessment OSHPD will be developing three online surveys to be distributed in September to California CFP/C Workforce, Public Mental Health System Employers, and Training organizations. In order to obtain the most accurate and complete CFP/C employer information for the county they want contact information for County Personnel and Community Based Organizations.

### **Technological Needs (TN): Anasazi**

- The Anasazi Team expects in calendar year 2015 to have Anasazi functioning to allow consumers to be able to look at a portion/summary of their case records-utilizing the patient portal.
- Working on getting Anasazi updated on the “Meaningful Use” requirements