

# **Mental Health Services Act (MHSA) Report**

## **02/06/2015**

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### **MHSA (Mental Health Services Act) Annual Progress Report for FY 12/13 and 3-Year Plan for FY 14/15, 15/16 & 16/17:**

The MHSA 3-Year Program and Expenditure Plan and the Annual Progress Report (APR) for FY 12/13 has been posted for 30 day public review. The 30 day public comment period ends on February 22, 2015. The Public Hearing will take place on March 6, 2015 during the Mental Health Board meeting. The plan will then go to the Nevada County Board of Supervisors (BOS) on March 24, 2015.

#### **Community Services and Supports (CSS):**

- It is anticipated that many of the CSS programs will have some kind of fiscal cut in in FY 15/16. Behavioral Health Management staff is currently working on recommendations for these cuts. It has been a very hard and painful process.
- Respite Center contract is completed it is going to the Nevada County BOS on February 24, 2015. Turning Point Providence Center will start the hiring process in March 2015. It is anticipated that the Respite Center will open in April 2015.
- Crisis Stabilization Unit (CSU): The contract/agreement between the hospital and the County is going to the BOS in February 2015. Once this contract is signed the Behavioral Health Department will put a purchase order in to have a CSU built.
- **Housing:**
  - Nevada County Behavioral Health Department (NCBHD) was awarded a renewal HUD (Housing and Urban Development) Permanent Supportive Housing grant in the amount of \$110,841 to support at a minimum 13 units for chronically homeless individuals.
  - Homeless Count happened during the week of January 26, 2015- February 2, 2015. A Homeless Connect Event happened on January 27, 2015. At the Homeless Connect Event participants were surveyed on where they slept on the night of January 26<sup>th</sup>. Participants were provided with food, warm clothing, haircuts, support from the Public Defender, flu shots, AIDs testing, Eligibility support for mainstream benefits and support from other local businesses and community based organizations. We focused this year's count to outreaching to youth/young adults and veterans. MHSA funds in the amount of \$3,000 were used to help with food, incentives and other costs associated with the Homeless County/Survey/Event.

#### **Prevention and Early Intervention (PEI):**

- Article in the Sierra Sun: "In response to punishment alternatives, the number of Tahoe Truckee Unified School District (TTUSD) students suspended dropped substantially last year. For 2013-14, TTUSD suspended 66 students, down from 168 in 2012-13 and 215 in 2011-12. A major factor in the decrease was the 2012 approval of Assembly Bill 1729, which provides school district leaders more discretion in using other means of correction besides suspension or expulsion. Alternatives available to TTUSD include a letter of apology, social probation/loss of certain privileges, detention, counseling, and parent classroom supervision, among others". The article also includes: "In addition, TTUSD is providing regular character education and social skills training for students in kindergarten through eighth grade in an effort to reduce student offenses." "Instead of just dealing with this problem, we're being proactive in doing extra education to hopefully eliminate it."
- Truckee has opened a Boys and Girls Club at Truckee Elementary on January 5, 2015. This is an after-school program where kids can go after school and have fun while receiving academic support. The program has the capacity to serve 125 children a day. So far they have about 75 kids enrolled with an average of 50 attending on a daily basis. Students in need are given priority

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enrollment. That need is determined by a number of different factors including financial need and referrals from teachers who have assessed kids who could use additional academic support.

- Mental Health Services Oversight & Accountability Commission (MHSOAC) has rewritten the PEI Regulations. Comments from the public were reviewed and they suggest no significant changes to the new regulations and the new regulations are going to the Administrative Law unit.
- The new PEI regulations require each county have an Early Intervention Program for individuals who need short term therapy.
  - We will be funding therapists at the Truckee High Schools. We are in the process of changing EMQ FamilyFirst contract to reflect this new PEI activity. The new contract goes to the BOS on February 10, 2015.
  - The other program that Nevada County is implementing is Moving Beyond Depression (MDB). This program is to provide treatment to pregnant or postpartum women who are depressed. This program utilizes a Home Based Visitor Program and therapist who provide Cognitive Behavioral Therapy in the home. Nevada County is support this program in the first year in the amount of \$20,000 (4 months) and \$40,000 a year starting in FY 2015/16. The program would be implemented in collaboration with the Public Health Department.

Programs under contract/being implemented: Suicide Prevention, Senior Outreach, 211 Nevada County, Homeless Outreach, First Responder Training, Latino Outreach, Forensic Outreach, Second Step, Early Intervention for Youth, Pregnant Women, Post-Partum Woman and Families at Risk, What's Up? Wellness Checks, Truckee Wellness Center, and mentoring program- Big Pal.

#### **Innovations:**

- Mental Health Services Oversight & Accountability Commission (MHSOAC) has rewritten the Innovation Regulations. The regulations are with the Department of Health Care Service's legal department for final review.
- All Innovations projects end this fiscal year.
- The County is working on a transition plan for the HOIT Team.
- Michele Violetta has set up Innovation Community Planning meetings to start the planning process for the next Innovation project(s). The meeting dates are: 2/20/2015 from 3:30 to 5 PM @ the Rood Center; 3/4/2015 from 10:30 AM-Noon @ the Rood Center; 3/17/2015 from 10:30 AM to Noon @ Crown Point Circle; and 3/30/2015 from 3:30-5 PM @ the Rood Center.

#### **Workforce Education and Training (WET)-**

- Our Voices Matter continues to meet every month.
- Training: Peer Specialist Training finished last month and 19 individuals completed the certification process.

#### **Technological Needs (TN): Anasazi**

- The Anasazi Team expects in calendar year 2015 to have Anasazi functioning to allow consumers to be able to look at a portion/summary of their case records.

**Exhibit 6 Progress Report-** Cathy Cross is collecting the data from service providers for fiscal year 2013/14.