

# Mental Health Services Act (MHSA) Report

06/08/12

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**MHSA Annual Progress Report and Annual Plan Update:** Contractors and staff members responded to Michele Violetta's request for data and information to complete the MHSA Annual Progress Report and Annual Plan Update. MHSA Subcommittee meetings have occurred to discuss the annual Progress Report and Annual Update to the Three-Year Plan with interested community stakeholders and service providers. Michele Violetta has sent out the draft copy of the Annual Progress Report to Subcommittee members for feedback and comments. A Full Service Partner is sharing the Annual Progress Report with other partners and getting their comments and feedback. Michele Violetta is continuing to work on the Annual Plan Update.

## **Community Services and Supports (CSS):**

**Housing:** Nevada County Housing Development Corporation (NCHDC) has a building permit in their hands. All issues with the City of Grass Valley and the Grass Valley Fire Department have been worked out. Michele Violetta communicated with Grass Valley Fire Department on June 5, 2012 and they said that they would be sending paperwork approving the building permit to the City of Grass Valley.

New Directions has secured another home to rent to participants. New Directions has five Supported Independent Living (SIL) homes with a total of 13 bedrooms with 15 residents. They also have one project house with three bedrooms with two residents. So in total new directions has developed homes with 16 bedrooms and is providing housing to 17 residents.

## **Prevention and Early Intervention (PEI)-**

Programs to be implemented:

- **Columbia Teen Screening:** Becky Slade has completed the Request for Proposals (RFP) to implement this program. Becky has met with the School Counselors and they are in support of the program. Western County Superintendent of Schools has signed off on the project. Becky met with the new Superintendent of Schools in Truckee, Dr. Robert Leri and he said he was very interested in Columbia Teen Screen. He said he was going to talk to his high school principals and the counseling staff and would get back to Becky. Becky is working on the follow up Meeting with Cr. Robert Leri.
- **First Responder Training Update:** Crisis Intervention Trainings (CIT) were provided on May 2<sup>nd</sup> and May 16<sup>th</sup>. The trainings were attended by four different law enforcement agencies, with about 60 attendees. Ben Lopez is already seeing some results in reports of effective response from one family's experience and some very well written 5150's by police.

Additionally, Ben Lopez is working on a draft of a survey to acquire more input from the community of categories of trainings that may be most helpful. Ben is listing the various community groups and agencies for direct contact and to look at the most effective way to schedule CIT that will meet the specific needs of these groups. Ben will be contacting individuals within agencies, both law enforcement and others to try and establish a "point person" to help arrange further training events. Ben's goal is to get enough input back by the middle of July to begin organizing and scheduling training events.

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Programs under contract/being implemented: Suicide Prevention, Senior Outreach, Dial 2-1-1, Homeless Outreach, Medical Provider Training, First Responder Training, Latino Outreach, Forensic Outreach, Second Step, Early Intervention for Youth at Risk, and mentoring programs.

#### **Innovations-**

The Transition Age Youth Community Planning Process is under way. Sierra Family Medical Clinic is taking the lead in this process. The Transition Age Youth Community Planning organizer, Lael Walz, reached out and engaged the Alliance for Wellbeing member Eryn Conner to participate in the Project. The first phase of the Project; the survey design for older teens and young adults with mental health conditions has been completed by a focus group of seven young adults. It has been a strong process, with numerous drafts reflecting thoughtful input and open dialogue. Drafts were also provided to consumers and family members on the Transition Age Youth Advisory Committee for review and input. The final product consists of eight pages that will provide an assessment as to needs, challenges, and strengths; as well as providing a picture of how individuals manage and engage in health, education, employment, recreational, social services and other life domains. Targeted outreach to individuals is occurring with staff and focus group member involvement. The surveys are completed with a staff member present in order to optimize completion and provide support if needed due to the intense nature of some questions. Gift cards (\$5) are available for completing the survey. Surveys are also being distributed to older teens and young adults who do not self-identify as having a mental health condition for comparison purposes. Parents of young adults with mental health conditions are also being surveyed, as well as consumers aged 30 and older.

Staff have visited five programs in other counties that target teens and young adults with mental health conditions, with striking contrasts between facilities that will be described in our final report. All agree that consulting their program participants is important, but none have done a formal comprehensive survey similar to our intent.

#### **Workforce Education and Training (WET)-**

Survey: The subcommittee is working on creating an updated survey; the survey that was used to create the current WET plan was conducted in the fall of 2008. The objective of the new survey is to assess current training needs, expand and build on current successes (such as WRAP (Wellness Recovery Action Plan), Mental Health First Aid (MHFA), Our Voices Matter (OVM); and Motivational Interviewing), integrate trainings into our agencies with follow-up and refreshers, and use the available WET funds to benefit the most people.

WRAP Facilitators are continuing to meet every other month and some participants in the program are providing WRAP groups. One WRAP facilitator attended a WRAP Facilitator Booster Update Course.

Our Voices Matter continues to meet every month.

#### **Training:**

- **Mental Health First Aid:** The next Mental Health First Aid class is on June 13 & 20<sup>th</sup> (spaces still available). Three individuals from Nevada County attended training sponsored by Placer

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County to become Mental Health First Aid instructors. These individuals will be providing training on July 26<sup>th</sup> & 27 and on September 27<sup>th</sup> & 28<sup>th</sup>.

- WRAP Facilitator Training in Butte County: Nevada County had four individuals attend WRAP Facilitation Training in Butte County. Community Recovery Resources and Domestic Violence and Sexual Assault Coalition each had two members participating in the training. The training took place the week of May 21<sup>st</sup> through May 25<sup>th</sup>.
- ASIST (Applied Suicide Intervention Skills Training) Facilitator Training in Placer County: We had five individuals attend ASIST training in Placer County. We had members from SPIRIT Peer Empowerment Center, a faith based community organization member and our Crisis team participating in the training. The training took place the week of May 21<sup>st</sup> through May 25<sup>th</sup>. The ASIST trainers will be putting on their first training on August 23 & 24<sup>th</sup>.
- Dr. Ragins: “Pushing the Recovery & Client-Driven Practice Envelope” training took place on June 1<sup>st</sup> and 72 community members and staff attended the training.

#### **Capital Facility (CF)**

No activities.

#### **Information Technology (IT): Anasazi**

The Anasazi system implementation continues to rollout for Nevada County Behavioral Health staff. Nevada County Behavioral Health doctors were trained in May 2012 on inputting services, assessments and progress notices into the system. Additionally, Nevada County clinicians were trained on entering Assessments in May, and Treatment Planning this week. In July the doctors will be trained on the Doctor’s Homepage, which includes e-prescribing.

**Exhibit 6 Progress Report-** Cathy Cross is now starting to work on Exhibit 6 Progress Reports for the current fiscal year, FY 11/12.