

# MHSA Update September 5, 2008

## **1. Victor Community Support Services – Matt Madaus, Executive Director. Handout.**

Victor Community Support Services has four level fourteen residential treatment centers located in Redding, Santa Rosa, Lodi, and San Bernardino. Victor has eight community based programs located in Redding, Chico, Marysville, Stockton, San Bernardino, Lake Elsinore, Victorville and Nevada City. Matt Madaus is the Executive Director of the Marysville site and the Nevada City site. The Victor Program started in Nevada County through the Mentally Ill Offender Crime Reduction Grant (MIOCR). The MIOCR Program is intended to treat youth who have a mental illness and keep them out of the Probation System, Juvenile Hall, and Residential Treatment. The services provided by Victor are intensive and include: Individual Therapy, Family Therapy, Group Therapy, Case Management, Medication Management, Parent Training & Support and can be daily or several times per week. The services are community based and are often provided in the child's home or school.

Some of the evidence based practices used at Victor include Aggression Replacement Training, Trauma Focused CBT and The Matrix Model (Substance Abuse Program). Aggression Replacement Training has three components anger management, social skills training and moral reasoning. The most chronic issue for most of the kids is marijuana use. The other challenge is meth use particularly with the parents. Some of the kids that Victor works with have had repeated suicide attempts, have been in residential treatment, and/or Juvenile Hall multiple times. The Defense Attorney, Probation and the Juvenile Court Judge work with Victor as a team.

Referrals are triaged by Probation, Behavioral Health and Victor. The new Victor contract goes to the Board of Supervisors on Tuesday. The new contract is 1.4 million. Double of last year's contract. This will allow for expanding the size and broadening the acceptance criteria. We won't limit Victor services to kids on Probation or at risk of Probation.

## **2. CSS Plan Draft – Michele Violetta. Handout.**

The CSS Plan Draft was mailed to all Mental Health Board members. There have been a few changes mostly grammatical. Language has been added about flex funds which are used to meet client expense needs. Question was asked about the Proposed County Administration Budget. Administrative costs cover staff time (Michael Heggarty, Mary Lowe, Martin Polt, Michele Violetta, Becky Slade, and Darryl Quinn) and A87 costs (Overhead includes Office costs, County Counsel, Auditor, and Information Systems). Suggestion that the Steering Committee needs to be informed of the Administrative Cost. The CSS plan budget for the Children's Wraparound Program is \$5,136,884 and \$3,276,896 for the Adult Assertive Community Treatment Team. The total is \$8,413,780 for MHSA Programs. County Administration is \$881,288 or approximately 11%.

Suggestion was made to breakout the budget for Truckee. The budget forms come from the Department of Mental Health and cannot be changed. The detail is provided in the contracts as putting too much detail in the CSS Plan would limit our choices. Concern there is not enough money is spent on Transition Age Youth (TAY). The dollar amount is based on what was spent in previous years and applying the percentage to the new budget. We expect the number of TAYs receiving services will increase over time as each contract provider VICTOR, Turning Point and EMQ serves the TAY population. Michele Violetta will be sharing the Exhibit 6 report that is sent quarterly to the State with the Mental Health Board and the MHSA Steering Committee.

We are waiting for unduplicated client counts for the year from all of our service providers in order to complete Exhibit 6. The 30-day review process for the CSS Plan will be mid September to mid October and will be posted on the county website. An email announcing the review process will be sent to the Mental Health Board, MHSA Steering Committee, and Community Stakeholders.

**3. Behavioral Health Director's Report, Grant & MHSA update – Michael Heggarty.**

The Turning Point contract goes to the Board of Supervisors on Tuesday. There will be one Turning Point contract. Turning Point MHSA & MIOCR parts of the contract have been merged. We anticipate that the MIOCR grant will not be funded by the State. We will continue to keep the Turning Point MIOCR program treatment services running. The client capacity for Turning Point will be 90 clients. There is a negative impact with the MIOCR grant ending. There will not be the same level of support from Probation, Court, and the Public Defender's Office due to the lack of funding. We cannot use realignment or MHSA funds to pay for staff from Probation, District Attorney, Court or the Public Defender. We have had many meetings with these other departments to discuss how to keep the Mental Health Courts running on a reduced budget.

The Victor contract goes to the Board of Supervisors on Tuesday. The Victor contract has doubled in size. The Sierra Adoptions contract also goes to the Board of Supervisors on Tuesday. The Sierra Adoptions contract is the same as last year. We finished negotiations for the Sierra Nevada Memorial Hospital Emergency Department Aftercare contract and it will remain the same as last year (\$120 per hour). In last year's contract they provided services to 21 individuals. Sierra Nevada Memorial Hospital expects to increase the number of individuals served in this year's contract. Sierra Family Services contract will provide services in the Truckee area and is expected to go to the Board of Supervisors in October. A contract for NAMI to provide Peer to Peer, Family to Family and basic training classes will go to the Board of Supervisors in two weeks.

Behavioral Health is buying the paint and supplies with MHSA funds. The College students will do the painting for no labor costs. There will be construction starting soon mostly at Turning Point to add additional office space. Behavioral Health will get a few offices on that side of the building.

Workforce Education and Training has released a workforce survey to assess training needs. There was a Co-Occurring Disorder Milestones of Recovery Scale (MORS) Training on August 6, 2008 presented by Dave Pilo, Ph.D. Requests for additional training were received from the Jail, and the Courts. The Housing subcommittee has a draft Request for Qualification (RFQ) completed. The draft RFQ has not been released to the public as it is confidential until it is released to the public. This process will help us to choose a developer. Suggestion is made to contact HUD for potential developers that the RFQ should be released to. Due to the State budget not being passed our technical advisors George Chimiklis and Katherine Crecelius cannot help us as there is no contract in place with the State.

The CSS and Capital Facilities Subcommittee narrowed down some options for the Capital Facilities and Technology plan. The plan priorities include: Turning Point remodel, Crown Point remodel, Truckee, Odyssey House, Billing System, and Respite Care/SPIRIT Peer Empowerment Center. We must have the Capital Facilities/Technology plan approved by the State before we can begin the remodel. Suggestion that Crisis Stabilization be added as an option to the plan in case additional funding is received. Iden Rogers mentioned that the last Capital Facilities and Technology Meeting was not well attended and this may have affected the priorities. The suggestion is to keep the Capital Facilities/Technology plan more general. The draft Capital Facilities/Technology Plan will also be brought to the MHSA Steering Committee for comment. Michele Violett and Martin Polt will be meeting to work on the Capital Facilities/Technology budget and narrative. We hope to have this information for the next MHSA Steering Committee Meeting.

Rich Stone gave an update on Prevention and Early Intervention (PEI). There was a meeting with DVSAC two weeks ago. We would like to get input from the Veterans, but have not received a response from them. Becky Slade and Rich Stone will work on Categorizing the input received. PEI will either have one more meeting in Truckee or will invite those who have participated to a meeting in Grass Valley. There have been meetings in Truckee, North San Juan, and Grass Valley. PEI has also met with teachers, NAMI, and the elderly.

We will have another MHSA Steering Committee Meeting during the 30-day review process for the CSS Plan. A public hearing is not required for the CSS Plan.

**4. MHSa Oversight Subcommittee – Iden Rogers.**

Iden Rogers has been researching what other counties are doing by letter and email. He has not received any responses yet. The California Mental Health Planning Council has forwarded this to the State Oversight and Accountability Committee. The California Association of Mental Health Boards and Commissions (CALM) is in transition from a Yahoo Group to a website. Michele Violetta mentioned that in the future MHSa plans will be required to be more outcome based. This year we are requiring additional information from our contractors that relate to hospitalization, jail or juvenile hall data. The State Department of Mental Health has an Oversight Committee and they are looking for new members. Annette LeFrancois handed out the application. An email was sent to the MHSa Steering Committee members with a link to the application.