

Mental Health Services Act Report

11/5/10

Annual MHSA Three-Year Plan and Progress Report

The guidelines have been released. We need to have our Plan and Progress Report to the public by February 1, 2011.

Community Services and Supports (CSS)-

Action taken on new submitted proposals:

1. Welcome Home Vets program contract was just signed. Welcome Home Vets are starting to set up their program.
2. CoRR Co-occurring Disorder (COD) proposal for \$15,000. NAMI/Mental Health Board Members met with CoRR and Behavioral Health staff to work on the CoRR COD Contract.
3. Catherine Lane Housing Project is up and running.

Housing-

A MHSA Shared Housing Loan Application was sent to the State on June 3, 2010. The application was approved by the Senior Loan Committee in August. Nevada County Housing Development Corporation (NCHDC) has received the signed pre-loan approval letter. NCHDC is actively looking for housing.

Mary Lowe is working on the final MOU to finalize the responsibility and relationship between the two organizations pertaining to Winters' Haven Housing Project.

Michele Violet and Leann Whitaker are working on a Department of Housing and Urban Development , Continuum of Care Homeless Assistance Grant. We are asking for four rental vouchers in the amount of \$545 each for five years (\$130,800).

Workforce Education and Training (WET)-

Because it is so hard to add new County positions and our vacancies a filled, it has been suggested to eliminate the Scholarship Fund (\$20,000) and the Loan Assistance (\$30,600) Program and to transfer the funds to our Internship Program. The additional funds would provide stipend incentives to recruit and retain Interns. The \$50,600 will be used to provide stipends to Interns and to help cover the cost of the clinical supervision. The suggested amount per Intern is \$5,400. This equates to about \$15 an hour for an individual that works 10 hours per week for 4 weeks per month for 9 months. The stipends would be paid quarterly after services hours are rendered. All details have not been worked out yet. We have to go through the Plan change process. The WET Subcommittee has met and is recommending that we move forward on changing our WET Plan.

The Superior Region WET Partnership worked with Working Well Together to provide WRAP (Wellness Recovery Action Plan) Facilitation Training. WRAP is a self-management and recovery system developed by a group of people who had mental health difficulties and who were struggling to incorporate wellness tools and strategies into their lives. WRAP is designed to:

- Decrease and prevent intrusive or troubling feelings and behaviors
- Increase personal empowerment
- Improve quality of life
- Assist people in achieving their own life goals and dreams

Nevada County was able to send two individuals to the first training opportunity. We sent Lorraine Brown, a Behavioral Health Supervisor and Heather Peterman, the Director of SPIRIT. We are working on a second training opportunity where two more individuals will be trained. After 6-9 months the Superior Region WET

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Partnership will be providing a Train-the-Trainer class. The individuals trained in the Train-the-Trainer class will be able to provide WRAP Facilitation Training to Peer Councilors in Nevada County.

Lorraine and Heather plan to get together and plan how to provide WRAP Facilitation trainings in Nevada County.

Capital Facility (CF)

The Odyssey House remodel plan was approved by the State. Odyssey House is working with the County Facility Management Department to finalize the remodel plans. The Facility Management Department has a few projects they are working on that need to be finalized before they can put our project out to bid.

Information Technology (IT)

Implementation planning is still occurring. A Core Team of staff members are meeting weekly working on this project. The Core Team determined that they need additional help to implement this project. The Behavioral Health Department will be contracting with Kingsview to help with the system setup. They have moved the expected go live date to April 1, 2011.

Prevention and Early Intervention (PEI)-

Michele Violett and Becky Slade are working with Sierra Nevada Children Services on a contract to implement the Second Step Program.

Lael Walz and the Forensic Task Force are taking the lead to implement the First Responder Training program. They are looking at using the Crisis Intervention Team training curriculum.

Programs to be implemented: Columbia Teen Screening and Functional Family Therapy.

Programs under contract: Suicide Prevention, Senior Outreach, Dial 2-1-1, Homeless Outreach, Physician Training, Latino Outreach, Forensic Outreach, and mentoring programs are up and running.

Innovations-

Eleven Community Planning Meetings have been conducted in Nevada County:

- September 9th, 5:30-7:30 PM at Grass Valley United Methodist Church
- September 14th, 5:30-7:30 PM at Grass Valley United Methodist Church (Spanish and English Presentation)
- September 16th, 5:30-7:30 PM at Oak Tree Campus in North San Juan
- September 20th, 8:30-10 AM at the Health and Human Services Manager's Meeting at the Eric Rood Center
- September 21th, 3:30-5:30 PM at the Stone House in Nevada City (Transition Age Youth Meeting)
- September 22nd, 12:15-2 PM at the SPIRIT Center
- September 23rd, 5:30-7:30 PM at Truckee Elementary School
- September 27th, 5:30-7:30 PM at Truckee Elementary School (Spanish and English Presentation)
- October 12th, 1:30-2:30 PM during the Behavioral Health Manager's Meeting at Crown Point Circle
- October 20th, 11-1 PM at Hospitality House
- November 4th, 1-2:30 at New Directions

Exhibit 6 Progress Report-

First Quarter Report has been started.