

## Mental Health Services Act (MHSA) Report

10/07/11

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**MHSA Fiscal Estimates:** Mike Geiss, CiMH fiscal consultant, recommended that counties plan on a 5-10% increase in MHSA revenues as they plan for next year's budgets.

### Community Services and Supports (CSS)-

- CoRR Co-occurring Disorder (COD) proposal for \$15,000: the contract is complete and was approved by the BOS on August 30<sup>th</sup>. CoRR received their Medi-Cal Authorized this week.
- Welcome Home Vets provided their outcome data this week

### Housing-

- Nevada County Housing Development Corporation (NCHDC) closed escrow on October 4, 2011. Renovations of the house will take place after NCHDC puts the renovation project out to bid. It is anticipated that the house will be ready to be rented out by the first of the year.
- The Behavioral Health Department is applying for a HUD Continuum of Care grant in the amount of \$109,244. If awarded this grant would provide rental subsidies to 11 individuals.

### Prevention and Early Intervention (PEI)-

Programs to be implemented:

- Columbia Teen Screening: Becky Slade is looking to see how this program can be implemented with County staff or contracted staff. Becky is working on getting certified to use the Columbia Teen Screen tool in our county. Once certified she will place the screening tool on Behavioral Health and contracted staff laptops. Behavioral Health will communicate to the high schools that Behavioral Health would offer screening to any youth they are concerned about in their school setting and they will outreach to all families in the targeted grades. They will also provide to individuals who self refer or who family members refer. After we obtain active consent from the parent and youth we would screen the youth and share any high risk behavior or suicidal ideation with the parents. The youth would be case managed until he/she was in treatment. Uninsured high risk youth would be treated by Nevada County Behavioral Health/contracted staff.
- Early Intervention for Youth at Risk: Becky Slade continues to meet with interested stakeholders to implement this program and is looking to see if this program can be implemented with existing children staff. In Spring 2011 some of Becky's staff were trained on MET CBT5 (Motivational Enhancement Therapy and Cognitive Behavioral Therapy, Five Sessions). This is an Evidence Based Practice and the training was done by the National Drug Court Institute. This is a short term treatment for youth who have mild to moderate substance abuse. Three Behavioral Health Children clinicians are using this technique. MET CBT5 has a sequenced treatment protocol and comes with handouts for the youth and family. We are assigning our mild to moderate substance abusing youth with mental health diagnosis to the MET CBT5 trained therapists. These therapists have started a bi-weekly support group where they discuss their clients. The county is using EPSDT Medi-Cal as match with eligible youth and is using PEI funds 100% for un-insured children.

Programs under contract/being implemented: Suicide Prevention, Senior Outreach, Dial 2-1-1, Homeless Outreach, Medical Provider Training, Latino Outreach, Forensic Outreach, Second Step, and mentoring programs.

### Innovations-

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- Darryl Quinn has completed the contract with Welcome Home Vets, Veterans' Family Wellness Program. This project should be in the implementation phase.
- Darryl Quinn is working on contract/MOU language to implement Plan 2: Department of Rehabilitation and Behavioral Health Collaborative.
- Plan 3: The Mental Health Board requested a special meeting to discuss the Primary Care Mental Health Integration Plan. It was requested that if the plan is approved for three years that we review the outcomes prior to year two starting. The Public Hearing for this plan will take place at the Mental health Board Meeting today, October 7, 2011.

### Workforce Education and Training (WET)-

#### Training:

- Mental Health First Aid: A second training occurred in Truckee on September 15-16<sup>th</sup>. A third training also occurred September 22-23 in Nevada City. Individuals from the community are calling requesting to attend the next training put on by the county. We currently have 11 individuals on the wait list. We need to get approval to have additional trainings.
- Wellness Recovery Action Planning (WRAP) Training: Behavioral Health is contracting with BJ North to conduct a WRAP Facilitator training in Nevada County on October 17<sup>th</sup>-21<sup>st</sup>. The training will train 18 participants to be WRAP Facilitators. A requirement of the 18 participants is to have their own WRAP Plans in place. Lorraine Brown and Heather Peterman provided training to potential participants on August 10<sup>th</sup> to make their own WRAP Plans. We have 18 individuals with their own WRAP plans in place. They either did it through Heather, Lorraine or on their own through the Copeland Website. NAMI is outreaching and supporting the new trainers by providing a dinner to the them during their training week.
- Our Voices Matter is meeting monthly at SPIRIT. Scottie Hart is chairing this activity. The next Workshop is Friday, October 14<sup>th</sup> from 1 - 2:30 p.m. at SPIRIT.

#### Superior Region Mental Health WET Partnership:

- Was awarded another \$1.8 million dollars (\$600,000 X 3 years).
- Working on how to use these funds to expand and sustain our past work. Lael Walz has joined the group as Nevada County's family representative. We would still like to see a consumer voice representative in this partnership. If anyone is interested please call Michele Violett.

### Capital Facility (CF)

No activities.

### Information Technology (IT)

- The targeted date for Phase II (full electronic health record) is July 1, 2012, so planning for this has started.
- Behavioral Health was successful at submitting their first claim using the new system. The new system reimbursed all claims except for 3%.
- Kings View continues to help us on a monthly basis.
- Implementing the billing in the new system is still requiring a lot of staff time. Additionally, with the clinical staff training starting this month, a lot of clinical staff time will start/continue to be used to implement the new system.

### Exhibit 6 Progress Report-

Cathy Cross and Michele Violett are starting to work on Exhibit 6 Progress Reports for FY 10/11.