

## Mental Health Services Act (MHSA) Report

09/02/11

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### Community Services and Supports (CSS)-

- CoRR Co-occurring Disorder (COD) proposal for \$15,000: the contract is complete and went to the BOS on August 30<sup>th</sup>. We are working on getting CoRR Medi-Cal Authorized.
- EMQ Families First just released their Annual Report for 2010/11.

### Housing-

Nevada County Housing Development Corporation (NCHDC) was not able to close escrow on July 19<sup>th</sup>. NCHDC has negotiated with the sellers to move escrow out to October 4<sup>th</sup>. All loan documents are being written by CalHFA.

### Prevention and Early Intervention (PEI)-

Programs to be implemented:

- Columbia Teen Screening: Becky Slade is looking to see how this program can be implemented with existing children staff. Becky is working on getting certified to use the Columbia Teen Screen tool in our clinic. Once certified she will place the screening tool on Behavioral Health laptops. Behavioral Health will communicate to the high schools that Behavioral Health would offer screening to any youth they are concerned about in their school setting. They will also provide to individuals who self refer or who family members refer. After we obtain active consent from the parent and youth we would screen the youth and share any high risk behavior or suicidal ideation with the parents. The youth would be case managed until he/she was in treatment. Uninsured high risk youth would be treated by Nevada County Behavioral Health.
- Early Intervention for Youth at Risk: Becky Slade continues to meet with interested stakeholders to implement this program and is looking to see if this program can be implemented with existing children staff. In Spring 2011 some of Becky's staff were trained on MET CBT5 (Motivational Enhancement Therapy and Cognitive Behavioral Therapy, Five Sessions). This is an Evidence Based Practice and the training was done by the National Drug Court Institute. This is a short term treatment for youth who have mild to moderate substance abuse. Three Behavioral Health Children clinicians are using this technique. MET CBT5 has a sequenced treatment protocol and comes with handouts for the youth and family. We are assigning our mild to moderate substance abusing youth with mental health diagnosis to the MET CBT5 trained therapists. These therapists have started a bi-weekly support group where they discuss their clients. The county is using EPSDT Medi-Cal as match with eligible youth and is using PEI funds 100% for un-insured children.

Programs under contract/being implemented: Suicide Prevention, Senior Outreach, Dial 2-1-1, Homeless Outreach, Medical Provider Training, Latino Outreach, Forensic Outreach, Second Step, and mentoring programs.

### Innovations-

- Darryl Quinn is working on contract/MOU language to implement Plan 1 & 2.
- Plan 3: Primary Care Mental Health Integration is up on Nevada County Website for public review and comments for 30 days and the Public Hearing will be October 7, 2011 at the Mental Health Board Meeting

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#### **Workforce Education and Training (WET)-**

##### Training:

- **Mental Health First Aid:** A second training will be occurring in Truckee on September 15-16<sup>th</sup>. We are collaborating with Placer County to put on the second training. A third training is now scheduled for September 22-23 in Nevada City.
- **Wellness Recovery Action Planning (WRAP) Training:** Behavioral Health is contracting with BJ North to conduct a WRAP Facilitator training in Nevada County on October 17<sup>th</sup>-21<sup>st</sup>. The training will train 18 participants to be WRAP Facilitators. A requirement of the 18 participants is to have their own WRAP Plans in place. Lorraine Brown and Heather Peterman provided a training to potential participants on August 10<sup>th</sup> to make their own WRAP Plans.
- **Our Voices Matter:** has been reenergized thanks to client advocates and family members. This group is now meeting monthly at SPIRIT. Scottie Hart is chairing this activity. The next Workshop is Friday, September 9<sup>th</sup> from 1 - 2:30 p.m. at SPIRIT.

##### Superior Region Mental Health WET Partnership:

- Was awarded another \$1.8 million dollars (\$600,000 X 3 years).
- Working on how to use these funds to expand and sustain our past work.

#### **Capital Facility (CF)**

No activities.

#### **Information Technology (IT)**

- The targeted date for Phase II (full electronic health record) is July 1, 2012, so planning for this has started.
- Behavioral Health staff is working on putting our first claim in using the new system.
- Training is still happening with staff so still requiring a lot of staff time.

#### **Exhibit 6 Progress Report-**

Cathy Cross and Michele Violett are starting to work on Exhibit 6 Progress Reports for FY 10/11.