

Mental Health Services Act (MHSA) Report

08/05/11

Community Services and Supports (CSS)-

- UCLA Evaluator, Todd Frank, came to Nevada County to communicate to our stakeholders on July 15, 2011 on what to expect from them pertaining to evaluation of CSS and PEI programs. They want us to provide them feedback by email or in writing.
- CoRR Co-occurring Disorder (COD) proposal for \$15,000: the contract is complete and is going to the BOS on August 30th.

Housing-

Nevada County Housing Development Corporation (NCHDC) was not able to close escrow on July 19th. NCHDC is negotiating with the sellers to move escrow out to October 4th.

Workforce Education and Training (WET)-

Training:

- Mental Health First Aid: A second training will be occurring in Truckee on September 15-16th. We are collaborating with Placer County to put on the second training. A third training is now scheduled for September 22-23 in Nevada City.
- Wellness Recovery Action Planning (WRAP) Training: Behavioral Health is contracting with BJ North to conduct a WRAP Facilitator training in Nevada County on October 17th-21st. The training will train 18 participants to be WRAP Facilitators. A requirement of the 18 participants is to have their own WRAP Plans in place. Lorraine Brown and Heather Peterman are providing a training to participants on August 10th to make their own WRAP Plans.
- Our Voices Matter: has been reenergized thanks to client advocates and family members. This group is now meeting monthly at SPIRIT. Scottie Hart is chairing this activity. The next Workshop is Friday, August 12, 1 - 2:30 p.m. at SPIRIT. The take home message for August participants is: **Giving yourself structure can make it easier for the listener to understand your point.**

Superior Region Mental Health WET Partnership:

- Lael Walz has volunteered to be a family member to partner with Behavioral Health in the Superior Region Mental Health WET Partnership. The group has finalized the stipend, travel reimbursement policy.
- Chico has just released their flyer to advertise their BSW and MSW programs. The BSW program will begin in the Spring 2012 and the MSW program will begin in the Fall 2012.

Capital Facility (CF)

No activities.

Information Technology (IT)

- The targeted date for Phase II (full electronic health record) is July 1, 2012, so planning for this has started.

Prevention and Early Intervention (PEI)-

Programs to be implemented:

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- Columbia Teen Screening: Becky Slade is looking to see how this program can be implemented with existing children staff. Becky is working on getting certified to use the Columbia Teen Screen tool in our clinic. Once certified she will place the screening tool on Behavioral Health laptops. Behavioral Health will communicate to the high schools that Behavioral Health would offer screening to any youth they are concerned about in their school setting. After we obtain active consent from the parent and youth we would screen the youth and share any high risk behavior or suicidal ideation with the parents. The youth would be case managed until he/she was in treatment. Uninsured high risk youth would be treated by Nevada County Behavioral Health.
- Early Intervention for Youth at Risk: Becky Slade continues to meet with interested stakeholders to implement this program and is looking to see if this program can be implemented with existing children staff. In Spring 2011 some of Becky's staff were trained on MET CBT5 (Motivational Enhancement Therapy and Cognitive Behavioral Therapy, Five Sessions). This is an Evidence Based Practice and the training was done by the National Drug Court Institute. This is a short term treatment for youth who have mild to moderate substance abuse. Three Behavioral Health Children clinicians are using this technique. MET CBT5 has a sequenced treatment protocol and comes with handouts for the youth and family. We are assigning our mild to moderate substance abusing youth to the MET CBT5 trained therapists. These therapists have started a bi-weekly support group where they discuss their clients. The county is using EPSDT Medi-Cal as match with eligible youth and is using PEI funds 100% for un-insured children.

Programs under contract/being implemented: Suicide Prevention, Senior Outreach, Dial 2-1-1, Homeless Outreach, Medical Provider Training, Latino Outreach, Forensic Outreach, Second Step, and mentoring programs.

Innovations-

The first two Innovation Plans have been signed by Jeff Brown and Michael Heggarty and have been sent to DMH and MHSOAC. Darryl Quinn is working on contract/MOU language to implement Plan 1 & 2. Neal Adams is currently writing the county's third plan: Integrated Healthcare.

Exhibit 6 Progress Report-

Cathy Cross and Michele Violett are starting to work on Exhibit 6 Progress Reports for FY 10/11.