

Mental Health Services Act (MHSA) Report

Mental Health Board Meeting Date: 8/3/18

- 1. First MHSA Steering Committee meeting: overview of MHSA**
- 2. Community Planning Process - want to revamp this process**
 - a. Fact sheets on MHSA (handout)
 - b. More individualized focus groups and MHSA trainings/presentations, including more consumer involvement
 - c. Surveys/polling
 - d. More interactive meetings - exercises in small groups
 - e. Other ideas?
- 3. SB 1004:**
 - a. Has been updated to be more inclusive of all age groups (previously did not adequately include older adults), also inclusive of suicide prevention.
 - b. Categories are:
 - (1) Childhood trauma prevention and early intervention to deal with the early origins of mental health needs.
 - (2) Early psychosis and mood disorder detection and intervention, including mood disorder and suicide prevention programming that occurs across the lifespan from early life to older adulthood.
 - (3) Outreach and engagement strategies that include target secondary school and transition age youth, with a priority on counting but not limited to partnerships with college mental health programs. (now means strategies that target high-need populations, not JUST secondary school and TAY)
 - (4) Culturally competent and linguistically appropriate prevention and intervention.
 - (5) Other programs the commission identifies, with stakeholder participation, that are proven effective in achieving, and are reflective of, the goals stated in Section 5840.
- 4. MHSA Plan Update 18/19: attempting to simplify, executive summary for an easier read, likely not huge changes (usually larger changes to plan occur during the 3-year updates)**
 - a. **More focus groups and community group meetings soon to come!**