

# TEEN Smoking Cessation

Grades 7-12



HELP YOUNG PEOPLE WHO WANT TO QUIT CIGARETTES OR CHEWING TOBACCO.

This **eight-session program** gently guides tobacco users to their personally selected cessation date and helps them remain tobacco free. Facilitators provide options, guidance, and support as participants design their own approach to staying tobacco free. Offered by a facilitator trained in the TAP facilitation.

**BEGINS FRIDAY, JUNE 10TH, 2016**  
**4:00 - 5:00PM**

*8-week session*

For teens in grades 7-12 who would like to quit using nicotine products

The Tobacco Awareness Program

**Community Recovery Resources, 180 Sierra College Drive, Grass Valley, CA 95945**

*This program is offered **COST-FREE** through a partnership with Nevada County Superintendent of Schools (NCSOS), Community Recovery Resources, (CoRR), the Coalition for a Drug Free Nevada County (CDFNC) funded by the **Tobacco Use Prevention Education (TUPE)** funding through the California Department of Education.*



**ENROLL TODAY!**

For more information, contact Jeff at [jdodson@corr.us](mailto:jdodson@corr.us) or call 530-273-9541.