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ORDER OF THE NEVADA COUNTY PUBLIC HEALTH OFFICER

SELF-QUARANTINE REQUIREMENTS FOR HOUSEHOLD CONTACTS, INTIMATE PARTNERS, CAREGIVERS AND CLOSE CONTACTS OF PERSONS WITH OR LIKELY TO HAVE COVID-19

DATE OF ORDER: April 7, 2020

This Order is in effect until rescinded in writing by the Nevada County Public Health Officer.

SUMMARY OF FINDINGS AND ORDER

COVID-19 (“Coronavirus”) has become a global pandemic, resulting in more than one million confirmed cases and tens of thousands of confirmed deaths. As of April 3, 2020, 30 COVID-19 cases have been detected in Nevada County, with transmission expected to increase in frequency over the coming days and weeks. COVID-19 is easily transmitted between individuals who are in close proximity to one another, thereby creating a substantial danger to the health of the public within Nevada County. This threat has necessitated both a Proclamation of a State of Emergency by the Governor of the State of California and a Declaration of a Local Health Emergency by the Nevada County Public Health Officer (“Health Officer”).

In order to help slow the transmission of COVID-19, and to protect the healthcare system in Nevada County from being overwhelmed, it is necessary for the Health Officer to require the self-quarantine of individuals exposed to a person diagnosed with or likely to have COVID-19. Quarantine serves to separate individuals who were exposed to COVID-19 from others until it is determined that they are no longer at risk for spreading the virus. This is the least restrictive and most appropriate measure to protect the residents of Nevada County from exposure to individuals who were exposed to COVID-19, especially those who are at heightened risk for serious illness, including older adults and individuals with weakened immune systems.

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, 120200, 120215, 120220, and 120225, THE PUBLIC HEALTH OFFICER FOR THE COUNTY OF NEVADA HEREBY ORDERS:

1. All household contacts, intimate partners, caregivers in a non-healthcare setting, and close contacts who have been in close contact with a person diagnosed with or likely to have COVID-19 while that person was symptomatic must quarantine themselves and comply fully with this Order and the Public Health guidance documents referenced herein. **A person is considered to be in close contact of a person with or likely to have COVID-19 if they: (a) were within six (6) feet for more than 10 minutes OR (b) had unprotected direct contact to secretions or excretions (e.g. sneeze or cough) of a person diagnosed with or likely to have COVID-19.**
2. **Quarantine requirements for Household Contacts, Intimate Partners, Caregivers, and Close Contacts of Persons with or likely to have COVID-19.**

All individuals who know they that they have been in close contact, as a household member, an intimate

partner, *a caregiver outside of a healthcare setting*, or other close contact, with a person diagnosed with or likely to have COVID-19 **while that person was symptomatic (ill) including being in close contact within the 48 hours BEFORE symptoms began**, are required to take the following actions:

- a. **Be quarantined in their home, another residence, or other location established by the Health Officer pursuant to Health and Safety Code section 120200, until 14 days from the last date that they were last in contact with the symptomatic person with or likely to have COVID-19. If the individual subject to self-quarantine is housed by County personnel, or personnel of the City of Grass Valley, City of Nevada City, or Town of Truckee, in a hotel/motel, shelter, or another facility, such location shall serve as the individual’s residence for the purposes of this self-quarantine order.**

Self-quarantine is necessary if an individual has had close contact with a person who has:

- i. A positive lab test for COVID-19
- ii. Signs and symptoms that are consistent with COVID-19 within 14-days of being in close contact with a person who had or was believed to have had COVID-19 **OR**
- iii. Been informed by a Physician that they are likely to have COVID-19.

- b. Individuals are required to quarantine themselves for the entire 14-day COVID-19 incubation period because they are at high risk for developing and spreading COVID-19. Quarantined persons may not leave their place of quarantine or enter any other public or private place during the period of quarantine, except to receive necessary medical care.

- c. **Carefully review and follow all requirements listed in the “Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19)”**

[Home Quarantine English](#) [Home Quarantine Español](#) [Homecare English](#) [Homecare Español](#)

- d. **If a quarantined person becomes sick with fever, cough, or shortness of breath (even if the symptoms are very mild), to protect others from COVID-19, the should isolate themselves at home and away from other people and follow the “Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection.”** [Isolation English](#) [Isolation Español](#)

3. The Health Officer may take additional action(s), as may be deemed necessary to enforce this Order in furtherance of the protection of the public’s health, including but not limited to civil detentions or requiring individuals described by this Order to stay at a health facility or other location if violating or otherwise failing to comply with this Order. Failure to comply with this Order is a misdemeanor punishable under law by imprisonment, fine or both. (Health and Safety Code sections 120275 and 120295).
4. To the extent necessary, pursuant to Health and Safety Code sections 120275 and 120295 and Penal Code section 19, the Health Officer requests that the Sheriff and all Chiefs of Police in the County ensure compliance with and enforcement of this Order.
5. Copies of this Order shall promptly be: (1) made available at the County of Nevada’s County Administrative Center located at 950 Maidu Ave., Nevada City, California 95959; (2) posted on the County of Nevada’s Public Health website; and (3) provided to any member of the public requesting a copy of this Order.

IT IS SO ORDERED:

K Cutler MD

Dr. Ken Cutler
Public Health Officer
County of Nevada

Dated: April 7, 2020