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ORDER OF THE NEVADA COUNTY PUBLIC HEALTH OFFICER

**SELF-ISOLATION REQUIREMENTS FOR INDIVIDUALS DIAGNOSED WITH OR LIKELY TO
HAVE COVID-19**

Revised Order Issued: May 4, 2020 (previous Order of April 7, 2020 rescinded)

DATE OF ORDER: May 4, 2020

This Order is in effect until rescinded in writing by the Nevada County Public Health Officer.

SUMMARY OF FINDINGS AND ORDER

COVID-19 (“Coronavirus”) has spread throughout the world constituting a global pandemic, resulting in hundreds of thousands of confirmed cases and tens of thousands of confirmed deaths.

On March 5, 2020, the Public Health Officer for the County of Nevada (“Health Officer”) issued a Declaration of Local Health Emergency due to the potential introduction of COVID-19 in Nevada County and associated threat to the public health.

COVID-19 is easily transmitted between individuals who are in close proximity to one another, thereby creating a substantial danger to the health of the public in Nevada County. As of May 3, 2020, 41 laboratory-confirmed COVID-19 cases have been detected in Nevada County, with transmission expected to increase in frequency over the coming days and weeks.

In light of the continuing spread of COVID-19, self-isolation of individuals who test positive for COVID-19, or who have had a high-risk exposure and are likely to have contracted COVID-19, is necessary and the least restrictive measure to effectively reduce the further transmission of the virus by these individuals. Requiring these individuals to self-isolate protects all residents of Nevada County, especially those with who are at heightened risk for serious illness, including older adults and individuals with weakened immune systems. Accordingly, in order to slow the transmission of COVID-19 in Nevada County, and to protect the healthcare system in Nevada County from being overwhelmed, the Health Officer is issuing this Order to require the self-isolation of individuals who test positive for COVID-19, or who have had a high-risk exposure and are likely to have contracted COVID-19, to prevent further spread of the virus.

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, 120200, 120215, 120220, and 120225, THE PUBLIC HEALTH OFFICER FOR THE COUNTY OF NEVADA HEREBY ORDERS:

1. All individuals who test positive or have otherwise been diagnosed with COVID-19, or who are likely to have COVID-19 must comply fully with this Order and the Public Health guidance documents referenced in this Order.
2. All individuals who test positive or have otherwise been diagnosed with COVID-19, or who are likely to have COVID-19 must immediately take the following actions:

- a. **Isolate themselves in their home, another residence, or other location established by the Health Officer pursuant to Health and Safety Code section 120200, until: (a) at least 3 days (72 hours) have passed since recovery which is defined as resolution of both fever without use of fever-reducing medications and improvement of respiratory symptoms (e.g. cough, shortness of breath) AND (b) at least 10 days since symptoms first appeared, whichever is later.** Until then, these individuals may not leave their place of isolation, except to receive necessary medical care. If the individual subject to self-isolation is housed by County personnel, or personnel of the City of Grass Valley, City of Nevada City, or Town of Truckee, in a hotel/motel, shelter, or other facility, such location shall serve as the individual's residence for purposes of this self-isolation order.
- b. Closely review and follow all requirements listed in the **“Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection,”** [Isolation English](#) [Isolation Español](#) [Homecare English](#) [Homecare Español](#)
- c. **Notify others who live in their residence, their intimate partner(s), their caregiver(s), and all other persons who were in close contact with them while they were symptomatic and within 48 hours before symptoms began that they need to quarantine themselves. Refer them to the “Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19)” document.** [Quarantine English](#) [Quarantine Spanish](#)

Included in this document are steps that household contacts, intimate partners, caregivers, and other close contacts must take to prevent the spread of COVID-19. These steps are necessary because these close contacts have likely been exposed to COVID-19, and if infected, can easily spread COVID-19 to others with whom they come into contact, even if having only mild symptoms.

3. Individuals are required to immediately self-isolate if meeting **one or more** of the following factors:
 - a. The individual has a positive lab test for COVID-19.
 - b. The individual displays signs or symptoms that are consistent with COVID-19 within a period of 14-days of being in close contact with a person who had or was believed to have had COVID-19.
 - c. A physician has informed the individual that they have or are likely to have COVID-19.
4. Isolation Requirements – Individuals required to isolate must do so in a residence and fully comply with all directions in this Order until they are no longer at risk for spreading COVID-19, which shall be based upon the following:
 - a. At least 3 days (72 hours) have passed since recovery, which is defined as the resolution of both fever without the use of fever-reducing medications, and improvement of respiratory symptoms, including cough, shortness of breath, and other symptoms; **AND**
 - b. **At least 10 days have passed since symptoms first appeared, whichever is later.**
5. The Health Officer may take additional action(s), as may be deemed necessary to enforce this Order in furtherance of the protection of the public's health, including but not limited to civil detentions or requiring individuals described by this Order to stay at a health facility or other location if violating or otherwise failing to comply with this Order. Failure to comply with this Order is a misdemeanor punishable under law by imprisonment, fine or both. (Health and Safety Code sections 120275 and 120295).
6. To the extent necessary, pursuant to Health and Safety Code sections 120275 and 120295 and Penal Code section 19, the Health Officer requests that the Sheriff and all Chiefs of Police in the County ensure compliance with and enforcement of this Order.

7. Copies of this Order shall promptly be: (1) made available at the County of Nevada's County Administrative Center located at 950 Maidu Ave., Nevada City, California 95959; (2) posted on the County of Nevada's Public Health website; and (3) provided to any member of the public requesting a copy of this Order.

IT IS SO ORDERED:



Dr. Ken Cutler
Public Health Officer
County of Nevada

Dated: May 4, 2020

