



NEVADA COUNTY  
Public Health

## UPDATED GUIDANCE ON TREATMENT GROUPS

INCLUDING ALCOHOLICS ANONYMOUS AND NARCOTICS ANONYMOUS

NOVEMBER 10, 2020

Per the California Department of Public Health, 12-step programs such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings, and other treatment groups are considered essential services under healthcare. These meetings should be held remotely whenever possible, but when they cannot reasonably be held remotely, they may be held in-person with the proper health and safety protocols. These meetings should follow the [state guidance on limited services](#) where possible.

- Limit meetings to 10 or fewer participants
- Maintain a list and contact number of participants at each group so that contact tracing can occur if a participant tests positive for COVID-19
- Individuals at high risk for complications of COVID-19 infection, who are feeling sick or have been exposed to a suspected or confirmed case of COVID-19 should self-quarantine and not attend group meetings of any size
- Participants (including staff or volunteers) should be screened for symptoms of COVID-19 prior to group attendance
- Make arrangements such that participants are outside of close contact and can maintain a distance of 6 feet from other participants in a well-ventilated space for the duration of the meeting
- Educate and practice respiratory hygiene (cover coughs, wash hands, dispose of tissues)
- Do not serve refreshments
- Use of face coverings by volunteers and participants
- Infection control practices including hand hygiene and environmental sanitation should be implemented

## **Resources for Businesses and Organizations**

County staff is available to help all businesses through the guidances provided by the state of California. If your business or organization requires more support related to COVID-19 guidances, contact us at [COVID19Recovery@co.nevada.ca.us](mailto:COVID19Recovery@co.nevada.ca.us) and we will be in touch to connect you with the appropriate department or resources. General coronavirus questions can be directed to Connecting Point at 1-833-DIAL211 or [211@connectingpoint.org](mailto:211@connectingpoint.org).

For information related to our current tier and how that impacts sector capacity and opening, please visit the state's website at: <https://covid19.ca.gov/safer-economy/>.