

MENTAL HEALTH SERVICES ACT (MHSA)

COMMUNITY MEETING

JANUARY 28TH, 2021

AGENDA

- Welcome and MHSA Overview
- Quick COVID Updates
- Fiscal Trends and Forecast
- Fiscal Year 2019-2020 Annual Progress Report Review
- Changes in CalMHSA and Higher Contribution Request
- Updates on MHSAOAC Initiatives
 - Crisis Now
 - Data Driven Recovery Project
 - Innovations Committee

MHSA UPDATES AND OVERVIEW

WHAT IS MHSA?



WELLNESS • RECOVERY • RESILIENCE

- ❖ The Mental Health Services Act (MHSA) – Prop 63, was passed by California Voters in November 2004 and went into effect in Jan 2005
- ❖ MHSA is funded by a 1% tax on personal income over \$1 million/per year
- ❖ Since MHSA is tied to personal income, funding can be extremely volatile based on economic factors

5% of total funding is set aside for Innovation – of the *remaining* funding:

Prevention and Early
Intervention (PEI)

20%

Community Services
and Supports (CSS)

80%

PEI programs aim to prevent mental health issues and implement early strategies to keep serious mental illnesses from being disabling, if possible. 51% of funding set aside for individuals 25 years or younger.

CSS programs provide treatment and recovery services to individuals living with serious mental illness or emotional disturbance. 51% of CSS funding is set aside for Full Service Partnerships (FSP) – “whatever it takes” services.

COVID UPDATES

Impacts on almost every program – clients and staff

Adaptability and resilience have been impressive!

Long-term impacts of this chapter on people's mental health are still unknown

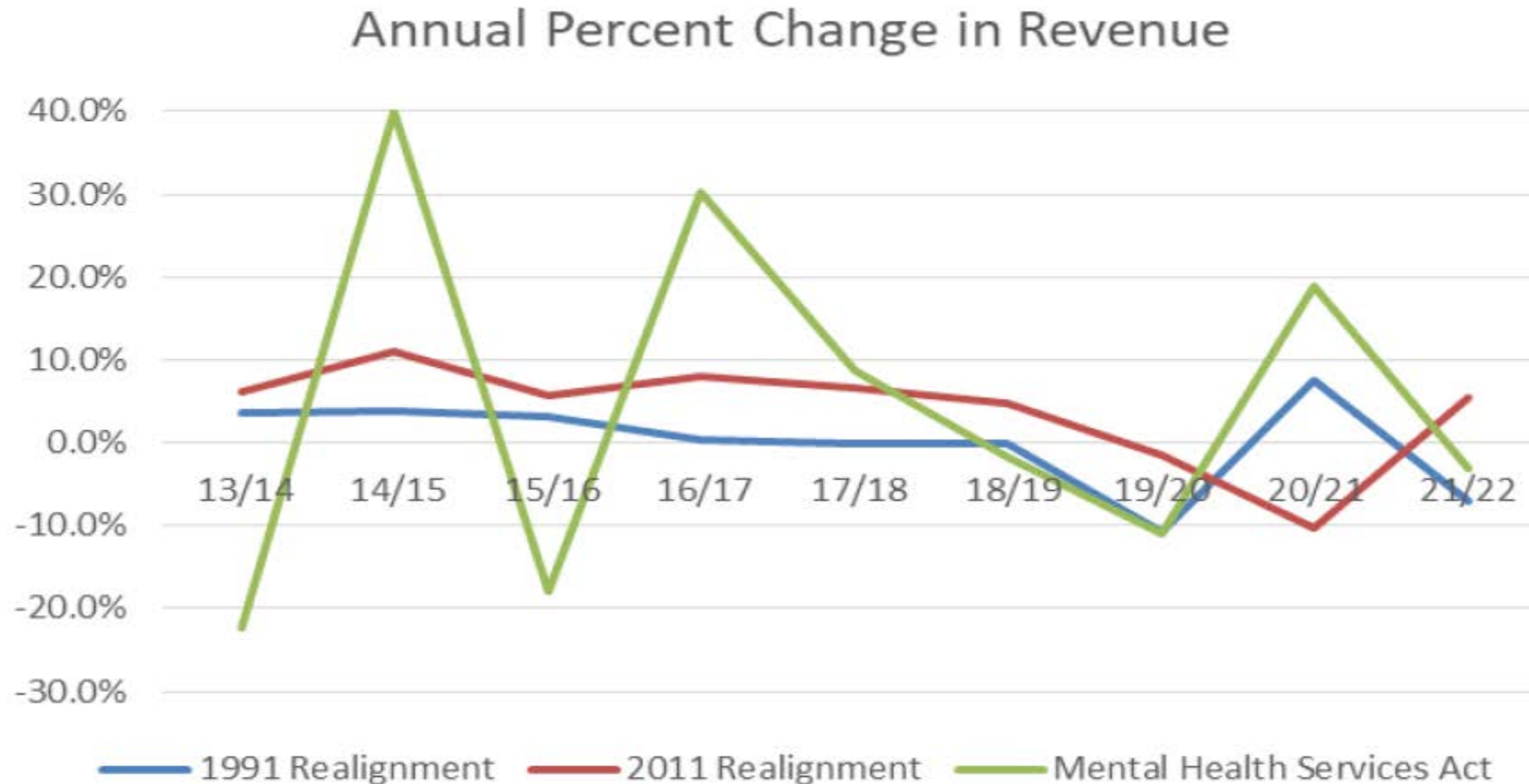
- Youth struggling with virtual school
- Growing demand for SUD services
- Unclear info on suicide rates

FISCAL TRENDS AND FORECAST



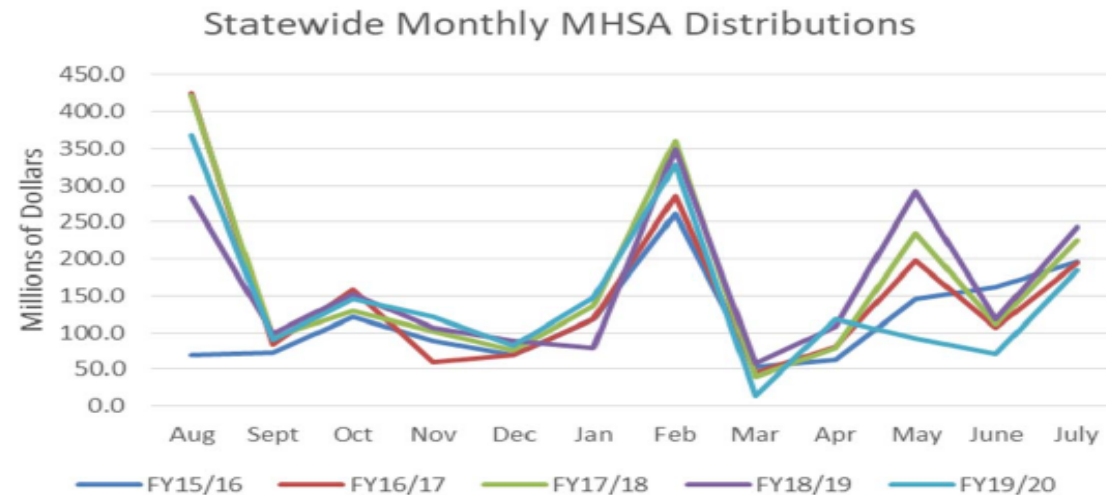
VOLATILITY OF PRIMARY BH FUNDING STREAMS

- 1991 and 2011 Realignment are relatively predictable
- MHSA is incredibly volatile



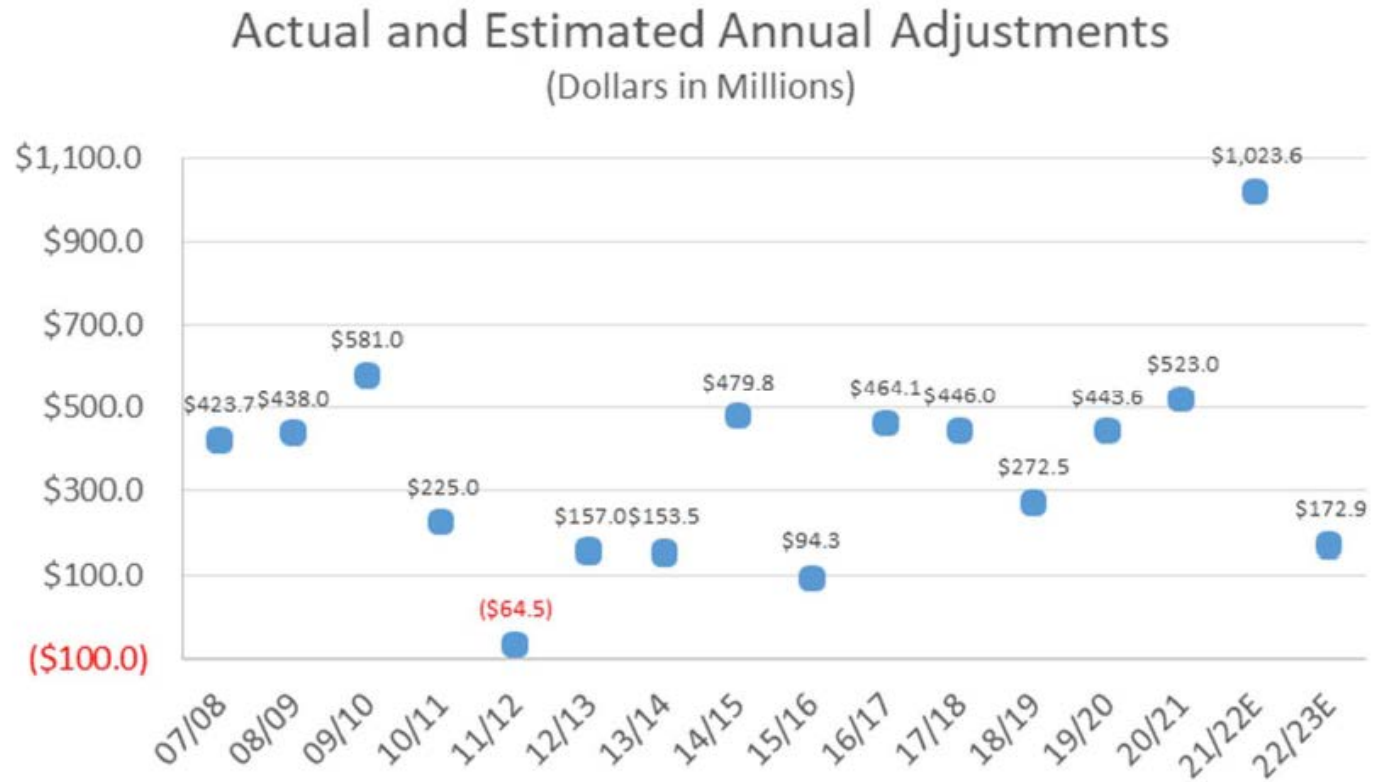
MONTHLY LOOK AT MHSA REVENUES

- Cash Transfers include state withholding tax payments, estimated tax payments and year end tax payments
 - State withholding payments are generally more predictable and reflect economic conditions in the labor market
- Cash Transfers are largest in months following quarterly tax payments and year end tax payments



MHSA ANNUAL ADJUSTMENTS

- Annual Adjustments are incredibly volatile from year to year



MHSA STATEWIDE ESTIMATED REVENUES

(Cash Basis-Millions of Dollars)

| | Fiscal Year | | | | |
|-------------------|-------------|-----------|------------|-----------|-----------|
| | Estimated | | | | |
| | 18/19 | 19/20 | 20/21 | 21/22 | 22/23 |
| Cash Transfers | \$1,824.0 | \$1,452.1 | \$1,749.70 | \$1,489.7 | \$1,578.9 |
| Annual Adjustment | \$272.5 | \$443.6 | \$523.0 | \$750.0 | \$172.9 |
| Interest | \$8.8 | \$10.7 | \$10.7 | \$10.0 | \$7.0 |
| Total | \$2,105.3 | \$1,906.4 | \$2,283.4 | \$2,249.7 | \$1,758.8 |

NEVADA COUNTY MHSA REVENUES

| | Total MHSA | \$ Change From Previous Year |
|----------------------|-------------------|---|
| FY 15-16 | 4,037,594 | (732,341) |
| FY 16-17 | 4,851,682 | 814,088 |
| FY 17-18 | 5,287,100 | 435,418 |
| FY 18-19 | 5,197,441 | (89,659) |
| FY 19-20 | 4,482,997 | (714,444) |
| FY 20-21 est. | 5,573,295 | 1,090,298 |

| | CSS | PEI | INN |
|----------------------|------------------|------------------|----------------|
| FY 15-16 | 3,068,571 | 767,143 | 201,880 |
| FY 16-17 | 3,687,279 | 921,820 | 242,584 |
| FY 17-18 | 4,018,196 | 1,004,549 | 264,355 |
| FY 18-19 | 3,950,055 | 987,514 | 259,872 |
| FY 19-20 | 3,407,078 | 851,769 | 224,150 |
| FY 20-21 est. | 4,235,704 | 1,058,926 | 278,665 |

SUMMARY AND LOOKING AHEAD

Summary

- >Revenues are volatile
- >State can redirect funds
- >FY 20/21 is a boon year due to large annual adjustment
- >FY 21/22 goes down a bit
- >FY 22/23 goes down significantly

Looking Ahead

- >Monitoring Revenue Projections
- >Monitoring Medi-Cal Projections
- > Strong Fund Balance
- >Preparing for increased service demand.
- >Able to maintain services for now

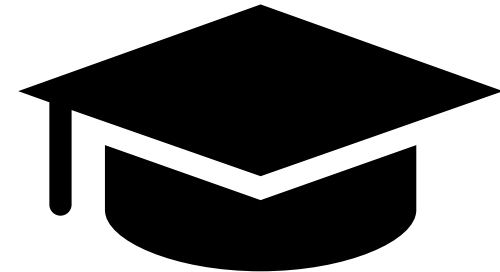
**FY 19-20 ANNUAL PROGRESS
REPORT REVIEW**

FY 19-20 KEY PROGRAM OUTCOMES — CSS

Community Services and Supports (CSS)

• Full Service Partnerships

- 81 Adults Served
 - 12% Gained and Maintained Employment
 - 21% Reduction in Homelessness
 - 14% Reduction in Psychiatric Hospitalization Days
 - 42% Reduction in Criminal Justice Involvement
- 107 Children Served
 - 88% Maintained a “C” Average or Improved Academic Performance
 - 91% Did Not Experience a Suspension or Expulsion
 - 100% Had Regular or Improved School Attendance



FY 19-20 KEY PROGRAM OUTCOMES — CSS



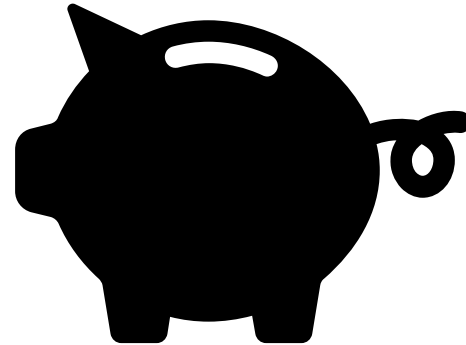
Community Services and Supports (CSS)

- **General System Development - 2,377 Served**
 - 5,161 hours of Mental Health Services for Intern Expansion
 - 3,284 Expanded Psychiatric services to 517 individuals
 - 2,036 Crisis contacts occurred
 - 30% of the WIC § 5150 holds rescinded at Crisis Stabilization Unit
 - 93% of guests felt the Insight Respite Center helped them develop skills that supported their recovery.
 - 78% of SPIRIT Emergency Department Program participants created Stress Reduction Plans
 - 100% of Veterans surveyed (35 individuals) avoided psychiatric hospitalization, remained housed and reported reduced suicidal thoughts.
 - 37 individuals were housed through Nevada County Housing Development Corporation programs

FY 19-20 KEY PROGRAM OUTCOMES — CSS

Community Services and Supports (CSS)

- Outreach & Engagement - 976 Served
 - 90% of Sierra Family Health Clinic's 62 patients connected with behavioral health services
 - \$9,220 raised by SPIRIT Peer Empowerment Center; triple the amount in previous year



FY 19-20 KEY PROGRAM OUTCOMES — PEI

Prevention and Early Intervention (PEI)

- Early Intervention - 329 Served
 - 104 shelter outreach activities (375.5 hours) performed by Hospitality House
 - 26% improvement in CANS-50 scores for children receiving Bilingual Therapy
 - 24% reduction in symptomatic distress shown by Gateway Mt Center participants
 - 70% of the 11 mothers taking the Edinburgh Postnatal Depression Scale showed improved scores
 - 97% of children surveyed by Stanford Sierra Youth & Families were stabilized at home or in foster care



FY 19-20 KEY PROGRAM OUTCOMES — PEI

Prevention and Early Intervention (PEI)

- Outreach - 75 Served
 - 69 individuals attended Youth Mental Health First Aid training
- Prevention – 5,008 Served
 - 84% of participants in the Housing Assistance Program reported improved housing situation.
 - 100% of consumers responding to the FREED, Friendly Visitor survey said that they felt less isolated
 - 90% of students participating in Wellness Program, Health Class Workshops reported increased knowledge and skills of healthy wellness practices.
 - 41 Pal Program matches were in place before BBBS Merger and COVID

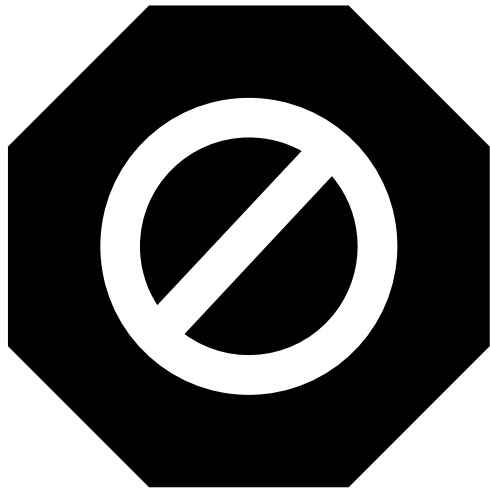
FY 19-20 KEY PROGRAM OUTCOMES — PEI



Prevention and Early Intervention (PEI)

- **Access & Linkage – 12,026 Served**
 - 209 of the 9,429 individuals served by 211 were referred to Nevada County Behavioral Health
 - 789 referrals were made by the Forensic Outreach Liaison to 202 program participants
 - 87% of Social Outreach Program participants reported an increase in social activity or increased positive mood at follow-up (41/47).
 - 96% of homeless individuals who reported experiencing severe mental illness were referred to mental health services by the Street Outreach Coordinator.
 - 95% of the Truckee Homeless Outreach Coordinator's referrals were connected with the referral agency within 3.5 days on average.
 - 4,607 individuals were reached during 25 different outreach events by the Veteran's Services Office
 - 100% of the 78 positive What's Up? Wellness Check-ups screens received in-depth clinical interviews and further evaluation/treatment if needed.

FY 19-20 KEY PROGRAM OUTCOMES — PEI



Prevention and Early Intervention (PEI)

- **Stigma and Discrimination Reduction – 785 Served (includes outreach)**
 - 88 Latino Outreach groups destigmatizing mental health were held in Spanish in the Truckee area for 128 individuals
 - 70 individuals attended western county Promotora groups and one-on-one sessions, and 587 individuals were contacted through outreach efforts
- **Suicide Prevention and Intervention – 3,776 Served**
 - 93% of western county Suicide Prevention trainees felt they were better able to recognize the signs, symptoms and risks for suicide after training.
 - 3,627 Tahoe/Truckee individuals were served via trainings or outreach

FY 19-20 KEY PROGRAM OUTCOMES — INN

Innovation (INN)

- **Integrated Tahoe/Truckee Services**
 - 16 people in Tahoe/Truckee received 1-on-1 support from the Family Advocate to access mental health services
- **Homeless Outreach and Medical Engagement (HOME) Team — 338 Served**
 - 534 services were provided to homeless individuals by the HOME Team.
 - 133 homeless individuals received Medical Engagement by the HOME Team.
 - 43 formerly homeless individuals were placed in permanent or transitional housing by the HOME Team.





Discuss any **SURPRISES** in the data that was reviewed.



Discuss anything you **LEARNED** about the MHSA programs or outcomes.



Discuss **QUESTIONS** that came up as a result of the data review.

BREAK-OUT ROOM DISCUSSION

CHANGES IN CALMHSA CONTRIBUTION



EVOLVING ROLE FOR CALMHSA



Significant staffing changes at CalMHSA



Using the banking system for presumptive transfers



Participating in the regional crisis hotline call center



Likely to get involved in more regional efforts

UPDATE ON MHSOAC INITIATIVES

- Crisis Now
- Data Driven Recovery Project
- Innovations Committee

CRISIS NOW LEARNING COLLABORATIVE

Bi-weekly webinars on the SAMSHA crisis system best practices

One-on-one coaching about our crisis system





Key learnings so far



CRISIS NOW
Transforming Crisis Services



DATA DRIVEN RECOVERY PROJECT

| | BJMHS: Positive Screen | BJMHS: Negative Screen | |
|---|----------------------------|--------------------------------|---|
|  Numbers of Total Bookings and Unique Individuals Identified as screening positive for MH needs in 2019 | 429 people 843 bookings | 1,808 people 2,781 bookings | ↓ |
|  Average Length of Stay in Jail for People screening positive for MH needs in 2019 | 24 days | 15 days | ↓ |
|  3-year Jail Re-booking amounts for people screening positive for MH needs (2017 release cohort) | 8 bookings | 4 bookings | ↓ |
|  Percentage of People with Serious Mental Illness (SMI) Connected to Community-Based Mental Health Treatment and Probation Services Upon Release | Coming Soon | | ↑ |

INNOVATIONS COLLABORATIVE

State-wide group looking at how to promote innovation in the public mental health system.

The Mental Health Services Act's Innovation component provides California the opportunity to develop and test new, unproven mental health models with the potential to become tomorrow's best practices.

THANK YOU!

Please fill out the anonymous demographic & meeting feedback survey in the chat. Link to follow via email as well.

Stay safe and healthy!!